

2023 SSSC END OF YEAR REPORT

JANUARY - DECEMBER 2023



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NOTE FROM THE SSSC PRESIDENT

Sat Nam,

The year 2023 has been a pivotal one for the Siri Singh Sahib Corporation. This report provides a comprehensive overview of our achievements, challenges, and strategic initiatives during this period.

Our commitment to uphold the teachings of Yogi Bhajan and to serve our community has guided our actions and decisions throughout the year.

In 2023, we continued to expand our reach, strengthen our programs, and deepen our impact. The two biggest Kundalini Yoga Level I teacher trainings in our history supported our community in war time. This is a great example of coordination and team work from KRI, OPA, 3HO Europe and Guru Ram Das Center providing, developing and tailoring a much needed tool for trauma and resilience healing. Despite the challenges posed by the global landscape, we remained resilient and adaptive, ensuring that our services and teachings were accessible to all.

The non profit organizations have made enormous efforts to be efficient in the use of resources, to maintain their mission and to be open to change and innovation in order to better serve their communities.

This report highlights our key accomplishments and strategic initiatives in 2023. It also outlines our plans for the future, as we continue to strive for excellence and service to our community.

We are grateful to our dedicated staff, volunteers, and the wider community for their unwavering support and commitment. Their contributions have been instrumental in our success and will continue to shape our path forward.

We invite you to join us in reflecting on our journey in 2023 and in looking ahead to an exciting and impactful future.

Sham Kaur Khalsa
Co-President

ABOUT THE SSSC



The Siri Singh Sahib Corporation (SSSC) is the sole member of the non profit subsidiary organizations (3HO, 3HO Europe, LYBF, KRI, SikhNet, SDI and SDEI). SSSC is also the shareholder of KIIT and KIT BV, our for profit subsidiaries. As such the SSSC also serves as trustee for these charitable trust assets whose beneficiaries are the non-profit organizations and the communities they serve.

As the sole member of the non profit organizations, the SSSC has the authority to, among other things, appoint these organizations' Board of Directors, amend their bylaws, and approve certain business decisions. As trustee, SSSC has a fiduciary duty to assure that these organizations have a sustainable future and have sufficient resources to meet and advance their missions.

The SSSC carries out its responsibilities as member and trustee through its Board of Trustees. They are responsible for carrying out the fiduciary duties of SSSC in overseeing and making decisions on the strategic management and development of the non profit and for profit entities under its umbrella.

The subsidiary organizations' Boards of Directors serve as the steward of their respective organization. Each Board is responsible for setting the strategic direction, establishing the mission and vision, and developing the goals of the organization. Board members are given detailed training about the role of the boards on which they serve and their duties and responsibilities as board members . These subsidiaries are:

Kundalini Research Institute (KRI), 3HO Foundation International (3HO), Stichting 3HO (3HO Europe), Sikh Dharma International (SDI) , Sikh Dharma Education International (SDEI), SikhNet, Legacy of Yogi Bhanan Foundation (LYFB), KIIT Company, Inc. (KIIT) and KIT Holding, B.V.

ACRONYM KEY

SSSC – Siri Singh Sahib Corporation

Subsidiaries of the SSSC

Non profit organizations

KRI – Kundalini Research Institute

3HO – Happy, Healthy and Holy Organization

3HO Europe – Happy, Healthy and Holy Organization Europe

SDI – Sikh Dharma International

SDEI - Sikh Dharma Education International

MPA - Miri Piri Academy

SikhNet - SikhNet

LYF Management - Legacy of Yogiji Foundation

For profit organization

KIIT – KIIT Company, Inc. (Khalsa International Industries & Trade)

KIT B.V. - KIT Holding B.V.

KRE - KIIT Renewable Energy

EWTC – East West Tea Company

SSSC Commissions

I&C - Information and Communication Commission

HRC - Human Rights Commission

SVAT – Strategic Vision & Alignment Team

LNPO - Legacy Resource Commission

MVVPG- Legacy Resource Commission

Offices and Councils of the SSSC

ODC – Office of Dharmic Counsel

OPA – Office of Public Affairs

EPS – Office of Ethics and Professional Standards

Associations

IKYTA – International Kundalini Yoga Teachers Association (3HO)

NKYTA – National Kundalini Yoga Teachers Association (3HO)

ATA - Aquarian Teachers Academy (KRI)

SSSC IN ACTION

First Level 1 Kundalini Yoga Teacher Training in Ukraine, during war time

Timeline as reported by Simran Singh Khalsa, Director of Office of Public Affairs (OPA):

- War breaks out, leading to the biggest European refugee crisis since WW II. Most Ukrainians don't know where to eat. We know our sangat is in the middle of the conflict but don't have contact.
- Raj Khalsa Gurdwara quickly offers \$10K for aid, SSSC matches funds. SSSC constituent, 3HO Europe and SSSC Office of Public Affairs (OPA) begin delivering into Ukraine using military contacts.
- Between bombings, aid is received in military aid warehouse in Lviv with the words "Sat Nam". (The person managing the warehouse was a Kundalini yoga student.)
- Sangat joins forces with SSSC constituents, East West Tea Company and Sikh Dharma International as well as Miri Piri Academy graduates who run businesses in Europe. They deliver 1,000,000 meals, shuttle refugees, and bring medical aid to within 25 miles of the Russian border.
- New Mexico institutions are rallied by Sahaj Singh, then SSSC President, to provide significant medical aid.
- Sangat asks for classes and teacher training, which is organized with KundaliniResearch Institute's (KRI) support in just weeks. It quickly becomes the largest Level 1 training at KRI to date, open for Ukrainians in-country and for refugees.
- An association is formed with many members on the front lines.
- International Kundalini Teacher Association (IKYTA) welcomes new teachers; KRI convenes a scientific advisory council with senior researchers.
- A new Kundalini teacher training begins in October 2023. The number of registrants is ahead of the previous training.
- Translation of key materials is under way, including KRI manuals, videos, Kriyas and Nitnems.



Correction to the 2023 End of Year Report that was published last month:

Shanti Shanti Kaur, the Executive Director of the Guru Ram Das Center for Medicine & Humanology and the director of the accredited International Kundalini Yoga Therapy Professional Training, was alerted by Simran Singh from the Office of Public Affairs for the need of Ukrainian teachers to have skills to teach Trauma Informed Kundalini Yoga.

After the initial training, a need was identified for specific protocols that Kundalini Yoga teachers could teach to military populations. These 7 protocols were developed by the faculty of the Guru Ram Das Center, who then created a curriculum to train 24 Ukrainian teachers in the skills to safely and effectively deliver the protocols. They also provide them ongoing support as they enter military settings.

Neither KRI nor the Office of Public Affairs were involved in developing these protocols as previously stated in the SSSC February 2024 newsletter.



With deepest gratitude to departing members for all of their contributions to the SSSC:

Awtar Kaur Khalsa (2 years served)

Gurujodha Singh Khalsa (11 years served)

Gurujot Kaur Khalsa (11 years served)

Guruka Singh Khalsa (3 years served)

Gurutej Singh Khalsa (8 years served)

Harimander Singh Khalsa (3 years served)

Sahaj Singh Khalsa (6 years served)

Sat Jagat Singh Khalsa (1 year served)

Siri Pritam Kaur Khalsa (7 years served)

Siri Vishnu Singh Khalsa (8 years served)

Viriam Singh Khalsa (11 years served)

Thank you

ELECTION 2023

The SSSC held an election to populate the SSSC Board July 17-31, 2023. Independent third-party organizations were hired to handle the registration and voting in order to ensure impartiality and transparency.

The 2023 election results yielded the following new members and one returning member

- Amrit Singh Khalsa, Plaistow, New Hampshire
- MJ Amrit Singh Khalsa, Santa Cruz, New Mexico
- Avtar Singh Khalsa, Kansas City, Missouri
- Guru Shabad Singh Khalsa, Española, New Mexico
- Hari Nam Singh Khalsa, Mazatlan, Mexico
- Dr. Haridass Kaur Khalsa, Los Angeles, California
- Livtar Singh Khalsa, Roswell, Georgia
- Siri Mukta Singh Khalsa, Española, New Mexico
- Hari Charn Kaur Khalsa, Española, New Mexico
- Guru Raj Kaur Khalsa, Vancouver, Canada
- Guru Sangat Singh Khalsa, Great Falls, Virginia (returning)

MEET THE SSSC BOARD

The SSSC Board is a body of 17 volunteer members. The 15 elected members serve a term of five years. Every two and a half years half of the Board is up for reelection. Our next election is scheduled currently for Spring of 2025.



SS Guru Sangat Singh Khalsa - Co-President
Great Falls, Virginia



SS Sham Kaur Khalsa, Co- President
La Paz, Bolivia



SS Siri Mukta Singh Khalsa, Secretary
Española, New Mexico



SS Amrit Singh Khalsa, Treasurer
Plaistow, New Hampshire



Bhai Sahiba Bibiji Inderjit Khalsa
Los Angeles, California



MJ Amrit Singh Khalsa
Española, New Mexico



SS Avtar Singh Khalsa
Kansas City, Missouri



SS Ek Ong Kaar Kaar Khalsa Michaud
Plano, Texas



SS Gurumeet Kaur Khalsa
Española, New Mexico

MEET THE SSSC BOARD



SS Guru Prem Singh Khalsa
Los Angeles, California



MSS Guru Raj Kaur Khalsa
Vancouver, BC, Canada



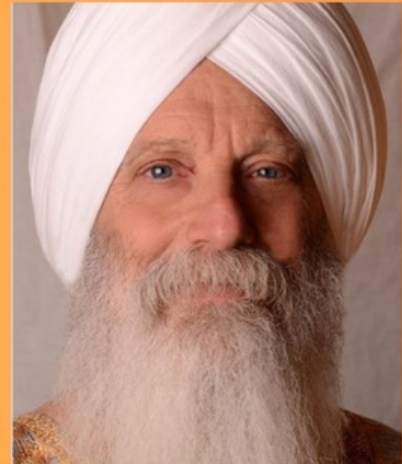
SS Gurushabad Singh Khalsa
Española, New Mexico



SS Guru Charn Kaur Khalsa
Española, New Mexico



SS Dr. Haridass Kaur Khalsa
Los Angeles, California



SS Hari Nam Singh Khalsa
Mazatlan, Sinaloa, Mexico



MSS Livtar Singh Khalsa
Roswell, Georgia

SSSC CONSTITUENT BOARD UPDATE

The SSSC Board appointed Board members

Kundalini Research Institute (KRI)

January 11, 2023

Georgina Kessel from Contadero, Cuajimalpa, Mexico

Kenneth Hirschmann from New York, NY

Joanna Dunbar-Webb from London, UK

Ricardo Rico/Siri Pal Singh from Los Angeles, CA

and the reappointment of the following existing KRI board members:

Dr. Gurucharan S. Khalsa from Upland, CA

Nirvair Singh Khalsa from Santa Fe, NM

Guru Jiwan Kaur Khalsa from Rome, Italy

Dr. Gurusahay Singh Khalsa from Dunwoody, GA

3HO International

February 15, 2023

Linda Shottes Bouchard/Ravi Jaspeer Kaur

August 3, 2023

Lakhmichand Singh, Imperial Beach California

Anand Singh, Sandia Park, New Mexico

September 8, 2023

Guru Simran Kaur, Española, New Mexico

Agya Akal Singh, Chile

OngKar Kaur, Lake Tahoe, Nevada

KIIT

September 15, 2023

Gurutej Singh, Singapore

Richard Wadley, Albuquerque, New Mexico

Siri Mukta Singh, Española, New Mexico

Kirsten Hochberg, Danville, California

SSSC COMMITTEES, COMMISSIONS & OFFICES UPDATE

Report from SSSC Human Rights Commission

Our focus in 2023 remains centered on Marriage Equality for LGBTQ Sikh couples, building on the momentum initiated in 2022. Our commitment is reflected in a multi-faceted approach, encompassing Global Networking Efforts, international advocacy for marriage equality, collaborating with other Sikh LGBTQ+ organizations, developing training, scholarly inquiry into marriage equality in the context of Sikhism and the curation of valuable resources.

Key Achievements and Milestones in 2023:

- **Welcome of Project Manager:** In March 2023, we welcomed Guru Raj Singh as our part-time Project Manager, enhancing our capacity to drive impactful change.
- **Doctrine versus Maryada and Marriage Equality Paper:** We are actively working on a paper that delves into the intersection of doctrine and maryada in the context of marriage equality. This initiative aims to foster dialogues with the greater Sikh community and the Akal Takhat.
- **Sensitivity Training Rollout:** Committed to rolling out our sensitivity training program this year, with a specific focus on Ministers of Sikh Dharma who voluntarily seek to create an approach and connection to the LGBTQ+ community. Our aim is to enhance awareness and understanding within our community, fostering an inclusive environment within gurdwaras and sangat.
- **Networking with Scholars and Punjab Background Organizations:** Established meaningful connections with scholars such as Dr. Nirinjan Kaur Khalsa and Prabhdeep Singh Kehal. Our efforts extend to actively building contacts, relationships, and partnerships with Punjab Background organizations.
- **Guest Speakers:** Hosted distinguished guests, including Pritpal Singh Bhullar and Dr. Nirinjan Kaur Khalsa and Prabhdeep Singh Kehal, during HRC meetings.
- **Collaboration with Existing Sikh Groups:** Actively seeking and fostering partnerships with existing Sikh groups dedicated to equality for LGBTQ Sikhs. Our collaborations include working with Sikh LGBT Inclusion, Sarbat LGBT+ Sikhs, Queer Sikh Network, and Saanjh - The Sikh LGBTQ Project.

SSSC COMMITTEES, COMMISSIONS & OFFICES UPDATE

Report from SSSC Human Rights Commission (con't)

- **Collaboration with Sikh Human Rights Groups:** Actively collaborating with established Sikh Human Rights Groups such as Sikh Coalition, SALDEF, among others, reinforcing our collective commitment to human rights.
- **Curation of Resources:** Primarily attributed to the stances developed on how to address the matter of security. Even though this concern is consistently raised in the context of marriage equality, we decided to deal not merely as a general concern but as an issue that can potentially affect every Gurdwara. This is particularly pertinent for those Gurdwaras that actively advocate for civil rights. The HRC has curated valuable material on this aspect and can serve as a knowledgeable resource on the matter

The year 2023 has been marked by significant progress, collaboration, and impactful initiatives. The SSSC Human Rights Commission remains steadfast in its commitment to advocating for human rights within our community and beyond. As we look towards the future, our resolve is fueled by the principles of equality, inclusivity, and the shared values that bind us as a community.

Click here to read the [Statement for Equality in Marriage](#)

Click here to read [Human Rights Commission Charter](#)



Report from SSSC Information & Communication Commission

The Information and Communication Commission serves as the main hub through which SSSC and the legacy organizations connect face to face (on Zoom). These meetings, held twice a month, serve as the place to share updates and discuss issues that affect the whole.

The commission is composed of the Board Chair and CEO/Executive Director (and any additional support staff) of each of the legacy organizations, both for-profit and nonprofit, under the SSSC.

Now entering its third year of meetings, the SSSC facilitators have revamped the format of the meeting to improve time efficiency so more members can attend. Last year, the I & C pinpointed the organizations' core values as integrity, service, inclusion/diversity and trustworthiness. This year the group recommits to these goals and will work towards working collaboratively, creating trust and transparency while holding space for meaningful discussion and dialogue in moving the family of organizations forward.

[Click here to read the Information and Communication Commission Charter](#)

Report from SSSC Office of Ethics and Professional Standards (EPS)

Our Mission is:

To nurture and strengthen a culture of ethical behavior and integrity within our Kundalini Yoga and Dharmic communities, where commitment to non-harm ensures all voices are heeded, all individuals are treated with respect, and all hold accountability for their actions.

Change in Staff

- After serving as Executive Director for the past 2 years, Siri Ved Kaur retired from EPS & Manjot Singh Khalsa moved from EPS Grievance Enquiry Lead to Executive Director as of 1st April
- Vedyia Amrita Kaur was hired as the new Grievance Enquiry Lead in June of this year

Report from SSSC Office of Ethics and Professional Standards (EPS) (Con't)

New Website & New Logo

- In April of this year, EPS launched both its new logo & its new user-friendly website which contains much information and includes the way to File a Complaint & to access the Ethics Course: <https://epsweb.org/>

EPS Ethics & Anti-Harassment Training On-line Course

- EPS has completed its multi-year endeavor of completing the Ethics Course. It is available in 8 languages (English, French, Portuguese, Chinese, German, Italian, Spanish & Russian)
- Participants completing the course & passing the exam are awarded a Certificate of Completion
- In the autumn of this year, EPS collaborated with ATA (Aquarian Teachers Academy) of KRI (Kundalini Research Institute) to establish the workflow process for KRI Teacher Trainers to begin their participation in the course. Approximately 50 Trainers have signed up thus far to participate

EPS Global Ethics Commission (GEC)

- The EPS Global Ethics Commission is an international and diverse body that serves our global Kundalini Yoga and Sikh Dharma International communities by adjudicating serious complaints regarding KRI-certified teachers and trainers and Sikh Dharma ministers. The GEC evaluates the EPS investigation findings, determines if a breach of a Code of Ethics has occurred and, if so, determines any outcome and/or discipline for the teacher/minister and any other action helpful to resolution. The GEC also serves in an advisory capacity to EPS and the Siri Singh Sahib Corp. regarding ethics-related concerns.
- GEC commission is currently made up of 18 members currently representing 11 nationalities/countries. In addition to adjudication of complaints, focus for this year has been on further training through case studies and on learning more about Restorative Justice principles.

Report from SSSC Office of Ethics and Professional Standards (EPS) (Con't)

2023 Data on Issues including Complaints & other Concerns

- 30 Issues submitted via EPS third party case management system via webform and/or hotline. Hotline available with all language translation in USA. Webform may be written in any language & EPS provides translation.
- Potential Code Violations of Issues submitted
 - Communication: 32%
 - Non-Inclusion/Discrimination: 17%
 - Other potential KRI code violations: 17%
 - Harassment: 12%
 - Conflict-of Interest: 9%
 - Student-Teacher Relationship: 6%
 - SDI Minister Code: 4%
 - Scope of Practice: 3%

Community Education & Outreach Efforts

- EPS staff & GEC commission members serving as EPS Ambassadors provided 7 workshops at both in-person & live virtual events during this year

Restorative Justice (RJ)

- Restorative justice implies a shift of concern from what people responsible for causing harm deserve, to what all people involved need in order to achieve or regain a sense of well-being. Approaching justice this way requires careful consideration of these multiple human needs, including areas of both overlap and difference between stakeholder needs.
- In June of this year, EPS Grievance Enquiry Lead, along with 23 other dharmic community members participated in an in-person 5 day Restorative Justice Facilitators Training in California, USA held by Just Outcomes
- EPS & Just Outcomes hosted a group meeting with trained facilitators to begin to explore how interested facilitators might provide seva in working with EPS
- EPS staff had 8 meetings with Just Outcomes during the summer/autumn to review EPS operating policies & procedures with the result being the development of a EPS Restorative Justice Guide

SSSC INITIATIVE UPDATES

Kundalini Yoga & Sikh Dharma Newsletter

In December of 2023, the SSSC launched the first Kundalini Yoga & Sikh Dharma Community Newsletter for the Sangat..

Click here to see archived newsletters: <https://ssscorp.org/newsletter-archive/>

Click here to sign up to receive the monthly newsletter: <https://ssscorp.org/contact/>

Kundalini Yoga & Sikh Dharma Calendars

In July of this year, the SSSC launched a community calendar on its website. Please scroll to the bottom of each website page for a calendar of community events.

<https://ssscorp.org/>

Community Calendar

[FIND EVENTS](#)
[List](#)
[Month](#)
[Day](#)

< > This Month **JANUARY 2024** ▾

MON	TUE	WED	THU	FRI	SAT	SUN
1	2	3	4	5	6	7
MPA ALUMNI GATHERING						
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23 <small>7:00 pm - 9:00 pm REGIONAL GATHERINGS</small>	24	25	26	27	28
29	30	31	1	2	3	4

[SUBSCRIBE TO CALENDAR](#) ▾

Subagh Kriya for All - Online



OPEN TO ALL! JOIN US!

Every Monday, 12:30pm MST - 2:30pm EST - 20:30pm CET - 01:00am IST - 03:30pm MYT (Malaysia)

Duration: 30 minutes From Tune In to Closing

Register to Lead Subagh Kriya:

<https://docs.google.com/spreadsheets/d/1l0BelqVC4j5HVBg-ZlI7YGJa9SE-K1zTbxcWHi3mSN8/edit?usp=sharing>

Zoom Link:

<https://us06web.zoom.us/j/88110868156?pwd=iuqwOulcKZ6wHwEHMKl3wLmcxyn5YC.1>

Meeting ID: 881 1086 8156

Passcode: 867575

Process:

We all have very tight schedules, so we will start and finish on time.

TUNE IN with ADI MANTRA and MANGALA CHARAN MANTRA (Mangala Charan of Sukhmani Sahib)

SUBAGH KRIYA short version, 3 minutes per exercise

SHORT PRAYER (optional)

CLOSE the Space with LONG TIME SUN and SAT NAAM

RECAP of Practical Information to Keep:

<https://docs.google.com/document/d/1exQHrKzUI9rUAo9FWHc6rUUO-6--bWGizA45IMqe75Y/edit?usp=sharing>

Inclusion, Diversity, Equity & Accessibility (IDEA) Update

In 2023, the SSSC focused on rolling out training programs for the SSSC leadership and staff. These trainings were specifically tailored for our family of organizations, based on recommendations from ThinkDEI, our IDEA consultants. In January and February of 2023, the following trainings were offered to community members, SSSC leadership and staff.

- Fundamentals of IDEA (watch here: <https://www.youtube.com/watch?v=ElORjIDwvcA>)
- Inclusive Leadership training
- Creating psychological safety
- Unconscious bias and cultural intelligence

As part of the SSSC's engagement with ThinkDEI consultants, ThinkDEI presented recommendations based on their comprehensive organization-wide survey and focus groups. The following recommendations were accomplished in 2023:

- Consistent policies across the seven constituent non profit organizations
 - Confidentiality Policy
 - Conflict of Interest Policy
 - Whistleblower Policy
 - Communication Guidelines Member Agreement
- The SSSC developed a feedback loop process to solicit and hear feedback from community members. (See homepage of [SSSC website](#): scroll down to WAYS TO STAY INFORMED & PARTICIPATE.
- The SSSC adopted a [Global Inclusion Policy](#).
- New IDEA workshop/education trainings (selection in process)
- The SSSC has established greater transparency with the sangat through the new Kundalini Yoga & Sikh Dharma Newsletter ([newsletter archive](#)) and calendar of events (found at the bottom of each page of the SSSC website)

SSSC HEALING INITIATIVES

Inclusivity, Diversity, Equity & Accessibility (IDEA) and Trauma-Informed Trainings at SSSC

Below is a list of all DEI and Trauma-Informed Trainings given by the SSSC and constituent organizations, through September 2023.

Office of Ethics and Professional Standards (EPS)

- Ethics & Anti-Harassment Training Course
- IKYTA EPS-KRI Embodying the Code of Ethics
- Embodying the Heart of the Student-Teacher Experience
- KRI Teacher Trainer Forum
- IKYTA-EPS From Fitting to Belonging Encounter Circle
- The Glorious Teacher & The Perfect Student

Siri Singh Sahib Corporation (SSSC)

Ministerial training: Responding to Clergy Misconduct: Faith Trust Institute Training

SSSC Human Rights Commission

Currently developing a sensitivity training for ministers who are open to performing Rainbow Anand Karaj

SSSC Inclusion, Diversity, Equity & Accessibility Trainings

- Fundamentals of IDEA
- Inclusive Leadership Training
- Creating Psychological Safety
- Unconscious Bias and Cultural Intelligence

SSSC/Compassionate Reconciliation Committee

- Just Outcomes sponsored trainings
- CRC Summit: Equity and Social Inclusion
- Circle Process and
- Group Facilitation Training 2-day
- Circle Process and Group Facilitation Training 5-day

Inclusivity, Diversity, Equity & Accessibility (IDEA) and Trauma-Informed Trainings at SSSC (con't)

Kundalini Research Institute (KRI)

- Body Inclusivity with Dr. Ramdesh
 - Beyond Self Care with Gurumukh Mark Harris
 - A Yogic Approach for Grief Recovery with Shanti Shanti
 - Healing with the Siri Gayatri Mantra with Dev Suroop
 - Cold Depression: Finding Hope in Isolation with Shanti Shanti
 - Uncomfortable Conversations with a Black Yogini with Vedy Amrita
 - Social Justice Resource: Embodying Anti Racism, Being the Change! With Gurumukh Mark Harris, Priti Darshan, Kenn Strickland, Japa Kaur and Yinka Adeniji
 - The Path to Forgiveness with Shama Kaur
 - The Yoga of Intersectionality with Gurumukh Mark Harris
 - Revolutionary Love: Open Your Heart to Social Justice with Nirinjan Khalsa Baker and Valarie Kaur
 - Close the Gap between the Self and Social Awareness: How to Unpack Biases, Privilege and Micro-Agressions with Atma Chanan Kaur
 - How Yoga Works in Trauma Recovery with Dr. Julie Staples
 - The Shadow of the Teacher with Deva Kaur
 - Yoga for Adults with Intellectual and Developmental Disabilities with Marieke Van Puymbroeck
 - Self-Regulation: Help your Students in Crisis Return to Center with Dharma Singh (Germany)
-

Independent Healing and Reparations Program for the Sikh Dharma Community (IHRP)

The IHRP Program was completed in December of 2023. Click [HERE](#) to read more about the IHRP Program.

Compassionate Reconciliation Project

The Compassionate Reconciliation Project began in 2020. Click [HERE](#) to read more about the Compassionate Reconciliation Project.

GLOBAL INCLUSION POLICY

On August 22, 2023, the SSSC passed a motion to approve the Global Inclusion Policy

We believe that all of humanity is one family. All SSSC affiliated entities, properties and/or programs will not exclude participation of anyone based on race, color, gender, national origin, age, religion, beliefs, disability, sexual orientation, gender identity or gender expression. Compliance with posted safety guidelines and regulations is required.

View on website: <https://ssscorp.org/articles-policies-bylaws/>

FUNDING OUR MISSION

Charitable Contributions Committee (CCC) Grant

The SSSC has evaluated its Charitable Contributions Committee (CCC) grant process and the system for distributing grants to our nonprofits. Manou Kaur from the French community has continued working as our Legacy Program Manager to assist in reorganizing, soliciting, administering, and evaluating grants.

Manou has also provided support to streamline the granting process while building capacity to enhance the nonprofit management and operations.

See the *Report from the Legacy Program Manager* on the next page for more details on the CCC Grant process.

Report from the Legacy Program Manager

Click here to view the Legacy Programs Report by Manou Kaur:

[Click here](#)



LEGACY ORGANIZATION RECAPS 2023

Kundalini Research Institute (KRI) in 2023

Achievements in the past year:

- In partnership with 3HO, KRI gave grants to 10 amazing Kundalini Yoga programs that are bringing Kundalini Yoga to underserved communities. <https://kundaliniresearchinstitute.org/en/kundalini-beyond-borders-program-2/>
- KRI Certified programs have been taught in 38 different countries around the world
- Certified about 1,400 new Kundalini Yoga instructors
- Launched 4 new books and reached 27% more people with our books than the year before
- Hosted more than 64,800 visitors to the Library of Teachings website
- Gave 74 presentations about the biomedical research into the positive effects of Kundalini Yoga and Meditation

Challenges we faced in 2023:

- Still adjusting to the massive shifts that COVID pushed on the entire yoga market

Goals and objectives for 2024 and beyond

- Continue to expand the reach and prestige of the Aquarian Teacher programs (the three levels teacher training) and the Aquarian Trainer Academy (the professional development system for teacher trainers).
- Publish new books and lectures in the Library of Teachings to make previously unpublished material and kriyas available to more people.
- Ensure the Library of Teachings is secure and protected.
- Review and issue the Seal of Approval for those books and courses that others produce, that meet KRI's standards for accuracy of Yogi Bhajan's teachings.
- Contract with publishers and translators to get KRI's books and Yogi Bhajan's teachings available in more parts of the world.
- Support research into the biomedical effects of Kundalini Yoga and Meditation, and broadly share the results thereof.

Happy, Healthy and Holy Organization (3HO) in 2023

Achievements in the past year:

- In 2023, Summer Solstice had a turnout of 274 participants on our sacred land at Ram Das Puri.
- Winter Solstice in a new location this year, had 231 people, 99 of whom were there for the first time!
- The three days of White Tantric Yoga at Winter Solstice were very well attended.
- 3HO and KRI co-sponsored the Kundalini Beyond Borders fundraiser again.
- IKYTA brought together National Kundalini Yoga Associations from around the world to support each other and make action plans for 2024.
- IKYTA sponsored a monthly online Prayer with a different country hosting each month.
- The Spiritual Names team gave out destiny names to 300-500 people each month!

Challenges:

A slow start in 2024 because of the changeover of CEO and Board Members, but now teamwork is going strong.

Goals and objectives for 2024 and beyond

- Summer Solstice 2024 will feature 3 days of White Tantric Yoga and many old time teachers and musicians.
- We will concentrate more marketing efforts for Winter Solstice to our European sangat who do not have a winter event.
- We will utilize new Marketing/Social Media strategies to gain more engagement and participation at online and in-person events.
- Our events will feature more Spanish speaking teachers both online and at our Solstice Celebrations.
- We will award the Kundalini Beyond Borders grants to 4 or 5 deserving teachers whose outreach is making a significant impact.
- Spiritual Names will offer both digital and printed Destiny cards to all those who request a spiritual name.

SikhNet in 2023

SikhNet is an online media and technology company. Our objective is to be the leading source of online Sikh inspiration for everyday life.

Achievements in the past year:

- Growth in SikhNet traffic. We achieved a new peak of 1.5 million visits per month to the SikhNet website.
- Launch of SikhNet Play. SikhNet has spent the last three years upgrading our website music service to a more modern, faster, more intuitive design at play.sikhnet.com. In addition to launching the upgraded service, we added more unique content for your listening pleasure.
- Bilingual Animations. This year, SikhNet released new animations in both English and Punjabi. Visit <https://www.youtube.com/@SikhNet> to see them!
- In Person course on the Anand Sahib. We also hosted a lovely 3 day course on the Anand Sahib in person in Espanola, New Mexico in June titled Finding Your Bliss with Anand Sahib.
- Original Video content including a six-part series with Guruka Singh Khalsa on Japji Sahib; starting a new series titled Holistic Success with Bhupinder Singh; and three webinars for the SikhNet Scholar series.
- Hundreds of new original articles posted to the SikhNet site.

Please review our annual report at:

<https://www.sikhnet.com/files/2023%20Annual%20Report%20PDF%20Final-sm.pdf>

SikhNet Challenges in 2023:

- Launch of AI Chatbots which were likely trained on SikhNet data without permission
- Decline in donations

Goals and Objectives for 2024 and beyond

SikhNet is currently engaged in its strategic planning process so this is a high level overview of our strategies for 2024.

- Create a global marketing survey to help SikhNet users define our next decade.
- Continue to innovate in the Sikh digital media space through our multiple departments: music, animations, videos and articles.
- Continue to grow our audience
- Recover from our recent drop in revenue

Sikh Dharma Education International (SDEI) in 2023

Achievements in the past year:

- Miri Piri Academy (MPA) re-opened our Boarding School Program for students from 8 countries in grades 7-9.
- MPA launched our Day School Program for local students in grades 5-9. Children of local staff can now attend MPA.
- MPA launched our Continuing Education (CE) program for adults and hosted 4 camps/yatras on campus or at Dashmesh Sadan.
- We created a new [website](#) to clarify our various courses and programs.
- Completed review and revision of all student safety guidelines and programs.
- Please see [MPA's 2023 Year in Review](#).

SDEI Challenges in 2023:

- Enrollment for all programs needs to be built back up after closing for COVID. It will take time to rebuild our audience and students.

Goals and Objectives for 2024 and beyond

- School Program: Increase enrollment in both the day and boarding school program.
- School Program: Offer L1 Teacher Training course for students in their 2nd year Grade 10 for local students.
- Continuing Education: Host a Women's Camp, L2 Mind and Meditation course, and L1 Teacher Training course in 2023.
- Continuing Education: Create educational videos to increase awareness of CE teachers and courses offered and create a pathway to our 2025 course offerings.



Sikh Dharma International (SDI) in 2023

Achievements in the past year:

- SDI collated and published a library of free resources for mental well being
- We sponsored an online Sikh Dharma 101 course published weekly over several months and included 29 Lessons, each broken up into several topic areas, including Sikh History, Lifestyle, and Practices.
- We conducted 3 online Chanting, full-day and half-day events commemorating International Women's Day, Guru Ram Das Ji's Birthday, and Guru Nanak Dev Ji's Birthday. Sadh Sangat's members from 33 countries participated in these sessions.
- We launched 6 YouTube video workshops on topics ranging from Conscious Partnering, Bowing Jaap Sahib, Jiwan-Mukht, The Concepts of Simran and Veechar.
- SDI provided \$6,000 in grants to six non-profit organizations from our Sikhs Feed People Fund.
- SDI supported and helped manage the Los Angeles Baisakhi Celebration in April, which hosted an estimated 12,000 individuals and included a Kirtan Darbar, Guru's Langar throughout the day, and a 2-mile Nagar Kirtan in downtown Los Angeles.
- SDI attended the Parliament of the World's Religions and hosted an engaging panel discussion entitled "Defending Women's Rights in the Contemporary World – A Faith Perspective," which included women leaders from various faiths and women's rights backgrounds.
- SDI conducted Sikh Dharma Classes at Summer Solstice in Espanola, NM, and Winter Solstice in Florida.

Challenges we faced in 2023:

SDI has faced numerous challenges over the past year: decreases in our donor base (which was a trend in the non-profit sector in 2022 and 2023) along with the retirement and resignation of several veteran staff members of the organization in addition to increased reporting, budgeting and coordinating requirements of our parent organization.

Goals and Objectives of 2024 and beyond:

- SDI looks forward to increasing its online reach with its unique Dharmic focus and content by creating more dynamic video and written content. We look forward to increasing the number of individuals accessing our online and email

Sikh Dharma International (SDI) in 2023 (con't)

subscriptions and content and increasing our range of geographical outreach and participation. Towards this purpose, we will launch a Sikh Dharma 201 course in 2024 and continue to support the Live and Virtual Vaisakhi 2024 Celebration in Los Angeles. We intend to allocate more resources to get out in the field in various geographic locations, teaching and hosting Sikh Dharma classes and workshops. We will continue to host the bi-annual Khalsa Council meetings.

SDI will be seating a new CEO expected in March and we will be welcoming new additional Board Members. We look forward to engaging their vision in support of and in carrying out the mission and vision of Sikh Dharma.

Sikh Dharma International (SDI) Office of the Secretary of Religion in 2023

Achievements in the past year:

- Compiled potential educational resources and training opportunities for Ministers, utilizing the input provided by Ministers in this area from Khalsa Council meetings on potential topics
- Developed a survey to circulate to include all of the Ministers to determine their training priorities
- Provided ongoing support for Ministers in their annual credentialing renewal, including generation of Minister ID cards as well as extending much support and assistance to individual Ministers
- Facilitated the application, ordination and onboarding of new Ministers to our global Minister body
- Published the quarterly Sikh Dharma Ministry Newsletter, highlighting news about Minister activities around the world and showcasing the voices and views of our diverse Minister body to provide insight and inspiration to our global Ministry. The theme for the 2023 newsletter series was collective efficacy, and working together across differences to create meaningful change in our communities
- Hosted several Regional Minister Coordinator (RMC) team meetings throughout the year, which supported connection and information-sharing among the RMCs in serving their local Minister group
- Created and circulated the year-end Winter Solstice gift, to appreciate the contribution of each Minister
- Hosted an in-person Sikh Dharma Minister Gathering at Winter Solstice 2023 in Lake Wales, Florida, which gave Ministers present a chance to gather, meditate together and provide valuable feedback to the Office of the Secretary of Religion

Challenges to the Ministry in 2023:

- Supporting the elongated timeframe of the election process for the SSSC
- Decreased staffing levels at SDI and uncertainty caused by prolonged transition in SDI leadership at CEO level

Goals and Objectives for 2024 and beyond

- Distribute survey on education and training priorities to full body of active Ministers; analyze survey data and plan for next steps in training area
- Develop additional educational opportunities for Ministers based on survey results and input from Ministers generated at Khalsa Council meetings

Sikh Dharma International (SDI) Office of the Secretary of Religion in 2023 (con't)

Goals and Objectives for 2024 and beyond (con't)

- Create and promote an educational and inspirational video that answers the question: "What is a Sikh Dharma Minister?"
- Facilitate inspiring 40-day meditative and Shabad Guru practices for Sikh Dharma Ministers to promote connection, upliftment and unity among the Ministry and the Sangat
- Administer Minister renewals for Baisakhi 2024-Baisakhi 2025 renewals cycle
- Publish four issues of the quarterly Sikh Dharma Ministry Newsletter; the theme for 2024 is a celebration of Ministers engaged in meaningful service around the world, in areas including seva in conflict zones/refugee crises; religious freedom and interfaith outreach; feeding the hungry and serving in Gurdwaras. Inspiring new video content will be shared as part of this effort.
- Provide ongoing support and facilitation of the global Regional Minister Coordinator (RMC) system
- Explore social media needs for the Sikh Dharma Ministry
- Produce annual year-end Winter Solstice gift to honor the contribution of each Minister

Legacy of Yogiji Foundation (LYF) in 2023

Achievements in the past year:

- Remodeled three buildings to meet some Ashram Housing needs, including upgrades to all subsystems and a new septic system. These homes have transformed low-quality properties into beautiful spaces that will serve for many years to come.
- Transformed an unused New Mexico dorm trailer into a home for traveling nurses and a new revenue stream.
- First official Summer Solstice event at the newly developed Guru Ram Das Puri campsite, including many finishing touches. While attendance was small, it was very cozy and the improvements were overwhelmingly well received and served the Sangat beautifully. Camp was much easier to open, safer, and much more accommodating for attendees.
- Planted 30 trees at the New Mexico Hacienda Guru Ram Das (HGRD) Gurdwara and Ranch properties for Guru Ram Das' birthday thanks to many generous donors.
- Began improvements to HGRD Gurdwara, including a new roof on half the building, thanks to very generous donations. We are very excited for everyone to see what we've been building there when you come for Summer Solstice!
- Removed 6 very old office trailers from New Mexico HGRD Ashram property to make room for a master plan which will include a multi-family building to meet housing needs of the community.
- Rescued the Ranch "Main House" (Bibiji's) from roof leak damages
- Opened the New Mexico Khalsa Community Center to local basketball coaches who have steadily been improving the facility. It also hosts Ashram pickle ball a few times a week!
- Remodeled a vacated section of the Los Angeles Sikh Dharma building (Secretariat) to create a yoga teaching space for our main tenant.
- Remodeled the vacated half of the Los Angeles Guru Arjan Dev duplex and secured new tenant.
- Continued to keep up with the constant repair and maintenance needs of the many properties we manage, including roofs, wells, septic systems, HVAC repairs / replacement, plumbing, etc.

Legacy of Yogiji Foundation (LYF) in 2023 (con't)

Challenges we faced in 2023:

- The need to streamline our bookkeeping process and hire more skilled labors
- Poor Infrastructure - We continue to deal with old, failing infrastructure, which is expensive to replace. LYF has made strides in replacing old subsystems with longer term solutions but we have a long way to go
- Funds - In order to meet our goal of long term financial stability, LYF will need to invest real money in planning and development. In addition, LYF continues to have repairs and maintenance needs beyond our income. We are creative problem solvers and are working hard to get ahead of the constant financial deficit.
- Lost Income - Over the last few years, LYF has seen a sharp decline in rental income. We have made headway pivoting our properties away from office space to meet other market demands and will continue these efforts in hopes of building new income streams.

Goals and Objectives for 2024 and beyond:

- LYF's high-level focus is to develop properties to create long term financial stability for this nonprofit. Our main focus this year will be on:
 - LA development opportunities - Attached Dwelling Units (ADUs) at various properties and Master plan for Siri Gurbani Sadan.
 - New Mexico development opportunities - Master planning for Ashram and Sombrillo properties to meet the Ashram and greater market infrastructure needs. We are looking into rural housing grants, Los Alamos National Lab needs, etc.
- Continue to make progress toward New Mexico Ashram as a "World Class Destination" for the meditative public through infrastructure improvement and development.
- Continue to support the Los Angeles Sangat in upholding Guru Ram Das Ashram and the New Mexico Sangat in upholding HGRD.
- Continue to support the Global Sangat in gathering for Summer Solstice at Guru Ram Das Puri.
- Continue to maintain and improve existing buildings and systems.

SUBSIDIARY BOARDS AND THEIR MEMBERSHIP

SIKH DHARMA INTERNATIONAL



BHAI SAHIBA BIBIJI INDERJIT KAUR
GURUMUKH SINGH KHALSA
MANJOT SINGH KHALSA
RAJVEER SINGH KHALSA
SADHANA JOT SINGH KHALSA
SHIVA SINGH KHALSA
VIRIAM KAUR KHALSA

3HO



AGYA AKAL SINGH KHALSA
GURU SIMRAN KAUR KHALSA
LAKHMI CHAND SINGH KHALSA
ONGKAR KAUR KHALSA (CHAIR)
RUPINDER KAUR KHALSA
SIMRAN RANDEEP SINGH

3HO EUROPE



ANGAD KAUR (CO-CHAIR)
GURJIT SINGH LALLI
GURUTEJ SINGH KHALSA
PREM KAUR (CO-CHAIR)
SARABJIT KAUR KHALSA

SIKH DHARMA EDUCATION INTERNATIONAL



HARIMANDIR SINGH KHALSA
(CHAIR)
HARJINDER RUBY KAUR
SIRI SANT KAUR KHALSA (VICE
CHAIR)
SUKHDEV KAUR KHALSA

KUNDALINI RESEARCH INSTITUTE



DASHMESH/GEORGINA KESSEL
DR. GURUCHARAN SINGH KHALSA
(CHAIRPERSON)
GURU JIWAN KAUR KHALSA
GURUSAHAY SINGH KHALSA
JOANNA DUNBAR-WEBB
NIRVAIR SINGH KHALSA
RAJ KARAM/KENNETH HIRSCHMANN
SIRI PAL SINGH KHALSA

SIKHNET



GURU AMRIT SINGH KHALSA
HARBHAJAN SINGH KHALSA
DR. HARJOT KAUR SINGH
JUJHAR SINGH
SUPREET SINGH MANCHANDA
(CHAIRPERSON)

LYF MANAGEMENT



GURUSHABAD SINGH MIRANDO
SAT GURUMUKH SINGH KHALSA
SIRI MARKA SINGH KHALSA
(CHAIR)

KIIT COMPANY, INC.

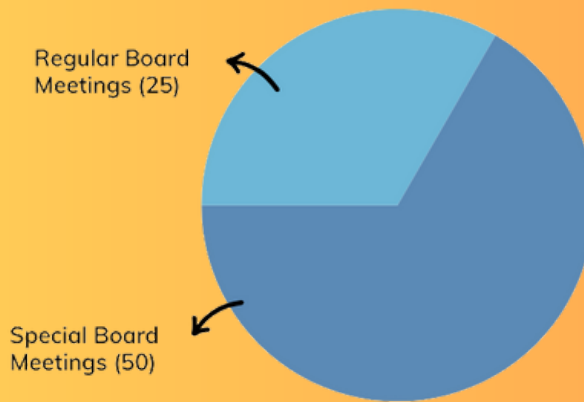


GURUTEJ SINGH KHALSA
KIRSTEN HOCHBERG
RICHARD WADLEY
SIRI MUKTA SINGH KHALSA (CHAIR)

MEETING OVERVIEW

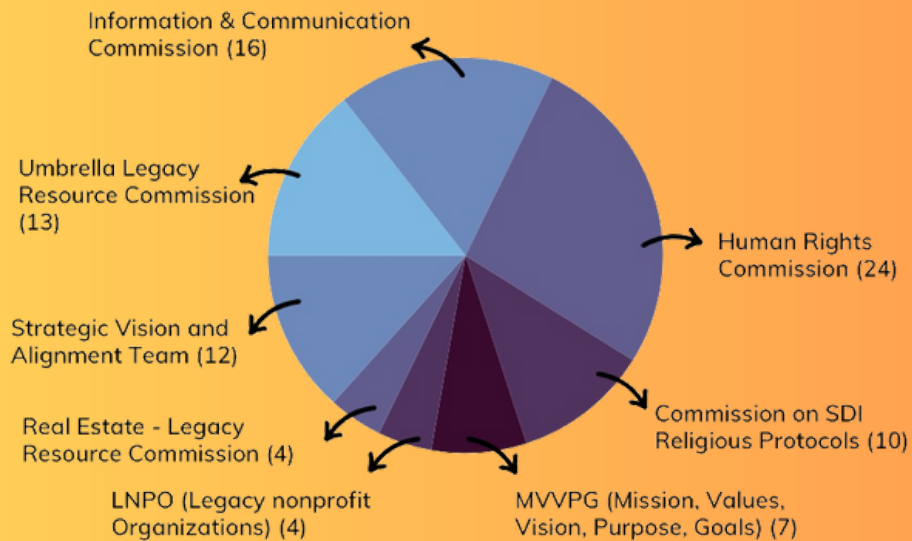
2023 SSSC Board Meeting Overview

OF MEETINGS THIS YEAR



2023 SSSC Commission Meeting Overview

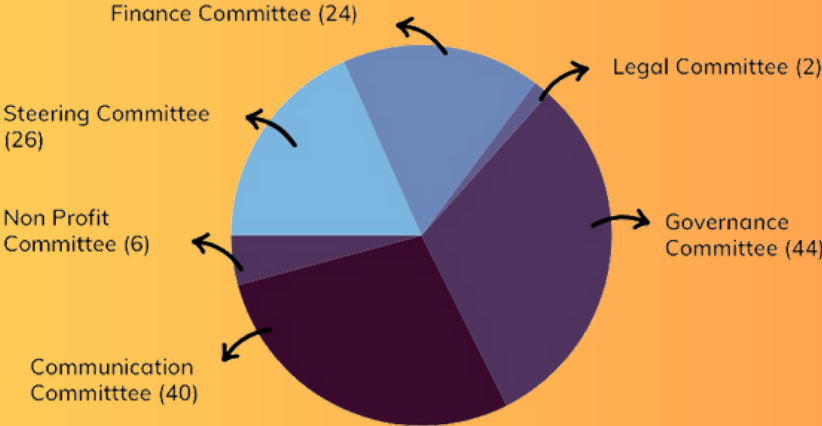
OF MEETINGS PER COMMISSION



MEETING OVERVIEW

2023 SSSC Committee Meetings Overview

OF MEETINGS PER COMMITTEE



CONNECTING WITH OUR SANGAT

On April 22nd & 23rd, 2023, **The Baisakhi Session of the International Khalsa Council** was held. We continued with our two-year theme: "Moving Forward in Unity with Integrity, Inclusion and Equality".

June 15 - June 21, 2023, Satwant Singh, SSSC Executive Director, Board Members and Staff members Ananda Hargeet and Manou Kaur attended the annual **3HO Summer Solstice** event hosted in the Land of Enchantment at our beloved Ram Das Puri.



CONNECTING WITH OUR SANGAT

August 5 - 13, 2023, SSSC representatives Satwant Singh, Awtar Kaur and Manou Kaur attended the **European Yoga Festival (EYF)** in the town of Jambville, France which is located about an hour from Charles de Gaulle Airport (near Paris).

About 1150 yogis from across Europe attended the Festival. It had a typical Solstice schedule with morning sadhana, Gurdwara, White Tantric and various classes throughout the day.



CONNECTING WITH OUR SANGAT

On September 23rd & 24th, the **Fall Session of the International Khalsa Council** was held and we continued with our new two-year theme, "Moving Forward in Unity with Integrity, Inclusion and Equality".

Satwant Singh, SSSC Executive Director and Board Members Haridass and Amrit Singh (KRI) and the SSSC Staff attended the yearly **3HO Winter Solstice** celebration, December 16 - 22nd at magnificent Tiger Lake, in Lake Wales, Florida. There were 3 full days of White Tantric Yoga® along with specialty classes such as Using movement to Achieve the Victory of Truth with Jot Simrit and The Mind and Heart Luminosity with Dr. Haridass Kaur.



MEET THE SSSC TEAM



Executive Director
SS Satwant Singh Khalsa
Herndon, Virginia



Office of Dharmic Counsel
Siri Chand Kaur Khalsa
United Kingdom



Director of Operations
Sat Akal Kaur
Knoxville, Tennessee



Meeting & Project Manager
Ananda Hargeet Kaur
Ontario, Canada



Legacy Program Manager
Manou Kaur
Paris, France



Executive Director, EPS
SS Manjot Singh Khalsa
Gotland, Sweden

The SSSC welcomes Siri Vishnu Singh and Vedyā Amrita Kaur to the SSSC Team!



SatShabad Kaur Khalsa
EPS Administrator
Santa Fe, New Mexico



EPS Grievance Enquiry Lead
Vedyā Amrita Kaur
New York, New York



Global Affairs Advisor, OPA
Simran Singh Khalsa
Española, New Mexico



Interim Chief Financial Officer
SS Siri Vishnu Singh Khalsa
Española, New Mexico

We want to receive your feedback

We want to hear from you. If you would like to see more information in these reports please click [HERE](#) to give us your feedback.

General Information

Learn more about our nonprofit organizations [HERE](#):

Learn more about SSSC Board composition and its work [HERE](#)

Catch up on the latest SSSC News [HERE](#)

