

August 2023

# Kundalini Yoga & Sikh Dharma Community Updates

Upcoming Events & Programs



## European Yoga Festival

**AUGUST 5 - 13 2023**

**Chateau de Jambville – France**

Click here to explore the European Yoga Festival

<https://europeanyogafestival.eu/>

Click here to read more and register:

<https://europeanyogafestival.eu/home-eyf-2023/plan-your-festival/register-4/>

## 3 Days of White Tantric Yoga® at the European Yoga Festival

**AUGUST 9, 10 & 11 2023**

**Chateau de Jambville – France**

The European Yoga Festival is the one and only place where you can practice 3 days of White Tantric Yoga®.

Do not miss the chance of participating in this transformative experience! Memberships for White Tantric Yoga® are sold online only.

Read more [HERE](#) and Register [HERE](#)



# BIBI SHARAN



**THE COURAGE OF KAURS**

## Movie Release: Bibi Sharan: The Courage of Kaur

**AUGUST 28th 2023**

This movie was originally submitted to SikhNet as a script by 14 year old author Sahib Kaur, having had some personal experience of bullying Sahib Kaur felt compelled to write about it. Harijot Singh, manager of SikhNet Stories decided to animate the script and turned it into a short film. It will be available to view from SikhNet youtube, SikhNet website and Kaur website to the public from August 28th 2023

Links: trailer: <https://youtu.be/puCmQfwEeq0> Article on Release: <https://www.sikhnet.com/news/bibi-sharan-courage-kaur> Resources on Kaur movies: <https://kaur.sikhnet.com/>

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U p c o m i n g   E v e n t s   &   P r o g r a m s

## Sikh Dharma 101



Discovering the Basics of  
the Sikh Teachings

## Sikh Dharma 101 Online Course

**MAY - DEC 2023**

This is an introductory level overview of the Sikh Dharma path for those seeking a deeper understanding of the question “What is a Sikh?” When you sign up for this “self-study” course, you will receive a weekly email with a lesson about a different aspect of the Sikh way of life.

This is a great course of study for Sikh Dharma beginners – yoga students, interfaith groups, family members and others, who are interested in exploring the path of Sikh Dharma and want to learn more about Sikhs and the Sikh way of life.

Read more and register [HERE](#)

## Sacred Waters Yatra

**NOVEMBER 9 – 19, 2023**

Hosted by MPA Teachers: Mata Mandir Singh & Sukhdev Kaur

Embark on a journey with Mata Mandir Singh and Sukhdev Kaur in our Sacred Waters Yatra, a pilgrimage to the sacred sites of Amritsar, Goindwal, Tarn Taran, Sultanpur Lodhi, Anandpur Sahib, Rawalsar, and Mani Karan. Immerse yourself in the spiritual vibrations of these revered destinations as you delve into the transformative practice of Naad Yoga. Discover the profound teachings of the Narayan Shabd and other mantras, unlocking the power of sound and its ability to elevate your consciousness.

<https://miripiriacademy.org/>

**SACRED WATERS  
YATRA**

HEALING JOURNEY INTO DIFFERENT SACRED PLACES WITH  
HISTORICAL SACRED WATERS IN PUNJAB

**9th Nov 2023- 19th Nov 2023**  
Amritsar, Goindwal, Tarn Taran, Sultanpur Lodhi,  
Anandpur Sahib, Rawalsar, Mani Karan

# Kundalini Yoga & Sikh Dharma Community Updates

## A n n o u n c e m e n t s

### **Election & Board Update**

Please click here to view the results of the SSSC Election:

<https://drive.google.com/file/d/1SffgeZUIDhKTxPZe4U6j55jntLYrenz6/view?ts=64c94729>

### **Returning and New SSSC Board as of August 30, 2023**

MJ Amrit Singh Khalsa  
Avtar Singh Khalsa  
Ek Ong Kaar Kaur Khalsa Michaud  
Gurujodha Singh Khalsa  
Guruka Singh Khalsa  
Gurumeet Kaur Khalsa  
Guru Prem Singh Khalsa  
Guru Sangat Singh Khalsa  
Guru Shabad Singh Khalsa  
Sham Kaur Khalsa  
Dr. Haridass Kaur Khalsa  
Hari Nam Singh Khalsa  
Livtar Singh Khalsa  
Siri Mukta Singh Khalsa  
Viriam Singh Khalsa  
Bibiji Inderjit Kaur Khalsa (ex-officio member)  
Sardarni Guru Amrit Kaur Khalsa (ex-officio member, on leave)

Guruka Singh Khalsa, Board Trustee of the Siri Singh Sahib Corporation has formally resigned from the SSSC Board as of August 3, 2023, effective as soon as the newly elected trustees are seated.

Amrit Singh Khalsa is welcomed to the board as the next highest vote-getter in the recent election.

# Office of Ethics and Professional Standards (EPS)

After much time and effort, EPS is thrilled to announce the launch of our newly redesigned website with updated content and translation into 8 languages. In the interest of keeping our Sikh Dharma, 3HO, and Kundalini Yoga communities safe and well-informed, we encourage you to visit the [website](#) today and share the news about this important resource with your local Kundalini Yoga and 3HO community. [epsweb.org](http://epsweb.org)

## EPS presenting at European Yoga Festival

SSSC Office of Ethics & Professional Standards (EPS) is looking forward to being in France with the European sangat for the Trainer's Forum and European Yoga Festival (EYF).

EPS Executive Director Manjot Singh Khalsa will be co-presenting with EPS Global Ethics Commission ambassador Jiwan Shakti Kaur of Italy at the Trainer's Forum on "The Code of Ethics".

"The Healthy Student-Teacher Relationship" workshop will be presented at EYF by Manjot Singh, along with EPS GEC ambassadors Amrit Kaur and Karta Purkh Singh, both of Germany.

Hari Avtar Singh (Chile) of IKYTA and Manjot Singh will present an EPS Encounter at the rainbow tent during EYF, as well.

EPS will be sharing a festival booth with KRI and IKYTA during EYF where festival participants can learn more about EPS and meet EPS representatives.

## Legacy Summit Update

The Legacy Summit is an event designed for Legacy Non-profit and For-Profit Organisations to collaborate and reinvent their approaches toward achieving common goals. It serves as a platform for leaders and teams to rekindle their shared purpose, fostering a unified direction in their organizational endeavors. During the Legacy Summit, participants step away from daily routines to learn, share, and examine projects together, fostering a sense of belonging while redefining and designing organizational culture. The program aims to motivate, stimulate, inspire, and support all organization's participants.

The preparation of the Legacy Summit will start end of August. Date TBA.

Legacy Project Manager: Manou Kaur, [manou@ssscorp.org](mailto:manou@ssscorp.org)

# **Save the date for the next Khalsa Council Meeting**

**International Khalsa Council Meeting  
September 22 & 23rd, 2023  
9am-5pm MT**

**For more information:**

**<https://www.sikhdharma.org/sikh-dharma-international/international-khalsa-council/>**

## **Calendar and Submission links**

**See the Kundalini Yoga & Sikh Dharma community calendar here:**

**<https://ssscorp.org/private-page/>**

**Please email [admin@ssscorp.org](mailto:admin@ssscorp.org) for password**

**Submit your organization's events, programs and announcements:**

**<https://www.surveymonkey.com/r/J57NNPN>**