

Kundalini Yoga & Sikh Dharma Community Updates

Upcoming Events & Programs



European Yoga Festival

AUGUST 5 - 13 2023
Chateau de Jambville – France

Click here to explore the European Yoga Festival
<https://europeanyogafestival.eu/>

Click here to read more and register:
<https://europeanyogafestival.eu/home-eyf-2023/plan-your-festival/register-4/>

Sikh Dharma 101 Online Course

MAY - DEC 2023

This is an introductory level overview of the Sikh Dharma path for those seeking a deeper understanding of the question “What is a Sikh?” When you sign up for this “self-study” course, you will receive a weekly email with a lesson about a different aspect of the Sikh way of life.

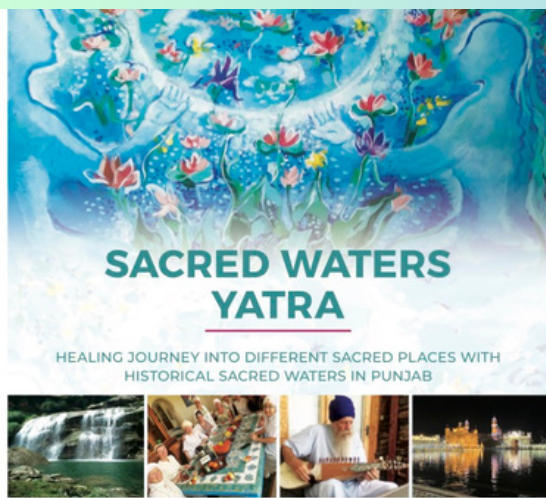
This is a great course of study for Sikh Dharma beginners – yoga students, interfaith groups, family members and others, who are interested in exploring the path of Sikh Dharma and want to learn more about Sikhs and the Sikh way of life.

Read more and register [HERE](#)

Sikh Dharma 101



Discovering the Basics of
the Sikh Teachings



9th Nov 2023- 19th Nov 2023

Amritsar, Goindwal, Tarn Taran, Sultanpur Lodhi,
Anandpur Sahib, Rawlsar, Mani Karan

Sacred Waters Yatra

NOVEMBER 9 – 19, 2023

Hosted by MPA Teachers: Mata Mandir Singh & Sukhdev Kaur

Embark on a journey with Mata Mandir Singh and Sukhdev Kaur in our Sacred Waters Yatra, a pilgrimage to the sacred sites of Amritsar, Goindwal, Tarn Taran, Sultanpur Lodhi, Anandpur Sahib, Rawalsar, and Mani Karan. Immerse yourself in the spiritual vibrations of these revered destinations as you delve into the transformative practice of Naad Yoga. Discover the profound teachings of the Narayan Shabd and other mantras, unlocking the power of sound and its ability to elevate your consciousness.

<https://miripiriacademy.org/>

Kundalini Yoga & Sikh Dharma Community Updates

A n n o u n c e m e n t s

Election Update

As noted in our last announcement, the SSSC election voting will begin on July 17, 2023 ([link to last announcement](#)).

The Town Halls are to begin on **July 6th**. These town halls are a chance to get to know the Candidates. Please feel free to join one or all of the Town Hall meetings. We will be recording all the meetings so you can watch them later if you prefer.

Each candidate is expected to participate in two Town Hall meetings (a 1 pm Eastern time and an 8 pm Eastern time)

If you would like to submit questions to the Candidates ahead of time, please do so through the provided survey link below. Questions will be directed to all the Candidates.

The Town Hall schedule will be:

Thursday, July 6- 1pm EST, 10 am PST, 7 pm CEST (Europe)

Friday, July 7 - 1pm EST, 10 am PST and 7 pm CEST (Europe)

Friday, July 7 - 8pm EST, 5 pm PST, and 2 am CEST (Europe)

Sunday, July 9 - 8pm EST, 5 pm PST, and 2 am CEST (Europe)

Monday, July 10 - 1pm EST, 10 am PST, 7 pm CEST (Europe)

Monday, July 10 - 8pm EST, 5 pm PST, and 2 am CEST (Europe)

SUBMIT QUESTIONS HERE:

[Submit Town Hall Questions Here](#)

Join Zoom Meeting Link HERE: (same zoom link for all town hall meetings)

<https://us06web.zoom.us/j/84566174536?pwd=NUlsaWtmVHZiQk1PQnBxaGVxekpNdz09>

Meeting ID: 845 6617 4536

Passcode: 378887

Candidates Town Hall Schedule HERE:

[Candidate Town Hall Schedule](#)

Link to candidates here:

[Candidates](#)

If you require a translator or would like to watch the recorded version of this meeting later in your preferred language, as well as any questions you may have about the elections or Town Halls, please contact Ananda Hargeet Kaur, SSSC Election Coordinator at anandahargeet@ssscorp.org

Office of Ethics and Professional Standards (EPS)

After much time and effort, EPS is thrilled to announce the launch of our newly redesigned website with updated content and translation into 8 languages.

In the interest of keeping our Sikh Dharma, 3HO, and Kundalini Yoga communities safe and well-informed, we encourage you to visit the [website](http://epsweb.org) today and share the news about this important resource with your local Kundalini Yoga and 3HO community.

epsweb.org



EPS presenting at European Yoga Festival

SSSC Office of Ethics & Professional Standards (EPS) is looking forward to being in France with the European sangat for the Trainer's Forum and European Yoga Festival (EYF).

EPS Executive Director Manjot Singh Khalsa will be co-presenting with EPS Global Ethics Commission ambassador Jiwan Shakti Kaur of Italy at the Trainer's Forum on "The Code of Ethics".

"The Healthy Student-Teacher Relationship" workshop will be presented at EYF by Manjot Singh, along with EPS GEC ambassadors Amrit Kaur and Karta Purkh Singh, both of Germany.

Hari Avtar Singh (Chile) of IKYTA and Manjot Singh will present an EPS Encounter at the rainbow tent during EYF, as well.

EPS will be sharing a festival booth with KRI and IKYTA during EYF where festival participants can learn more about EPS and meet EPS representatives.

Welcome our new staff member at EPS

Full name: Vedyia Amrita Kaur Bethel

Start date: 12th June, 2023

Job role: Grievance Enquiry Lead

Department: SSSC Office of Ethics & Professional Standards (EPS)

Direct supervisor: Manjot Singh Khalsa



Key responsibilities: Complaint procedures regarding KRI certified teachers & teacher trainers and SDI ministers. Participate in development of EPS educational projects. Outreach to global communities regarding EPS services and procedures.

Academic background: Bachelors Degree in Business, focus in Marketing

Professional background: 17 years of experience in the corporate sector and has held various leadership positions, including working in human resources and business analyses. Serves the Kundalini Yoga community as a teacher, level 1 teacher trainer. Has served as Board Chairperson of the Kundalini Research Institute and has co-led community initiatives for SSSC around Inclusion, Diversity, Equity, and Accessibility. Has served 3 years on EPS Global Ethics Commission.

Fun Facts about Vedyia Amrita Kaur

Vedyia Amrita can often be seen bicycling around NYC streets

Favorite vacation is on a cruise ship in the Caribbean with her parents

Contact: vedyaamrita@epsweb.org

SSSC Board Update

Sat Nam,

This is to announce that Sahaj Singh Khalsa, President and Board Trustee of the Siri Singh Sahib Corporation has resigned from the SSSC Board as of June 14, 2023. He has also withdrawn his candidacy to run in the next election and will not be on the upcoming ballot.

As President and Trustee Sahaj Singh spent countless hours attending to Board business. We want to thank him for his service and wish him well in all his future endeavors.

The SSSC Bylaws specify that vacancies on the Board of Trustees are filled by the next highest eligible vote getter per Section 2.9 below. That individual is Sat Jagat Singh Khalsa, who has accepted, and he will serve out the remainder of Sahaj Singh's term which was scheduled to end with the seating of the new Board. Sat Jagat Singh is currently undergoing an orientation program and will be joining the Board in the next two weeks.

Section 2.9 Filling Vacancies on the Board of Trustees. A vacancy on the Board of Trustees relating to an Elected Trustee shall be filled by the person receiving the next highest number of votes in the most recent election, who currently meets the qualifications specified in Section 2.6 of these bylaws and is willing to serve. Any such successor Trustee shall serve the remainder of the term of the Trustee being replaced. Such successor Trustee is eligible to stand for election at the next regular election for all Trustees serving that term.

In Chardi Kala,

Satwant Singh Khalsa
Executive Director

Save the date for the next Khalsa Council Meeting

**International Khalsa Council Meeting
September 22 & 23rd, 2023
9am-5pm MT**

For more information:

<https://www.sikhdharma.org/sikh-dharma-international/international-khalsa-council/>

Calendar and Submission links

See the Kundalini Yoga & Sikh Dharma community calendar here:

<https://ssscorp.org/private-page/>

Please email admin@ssscorp.org for password

Submit your organization's events, programs and announcements:

<https://www.surveymonkey.com/r/J57NNPN>