

Kundalini Yoga & Sikh Dharma Community Updates

Upcoming Events & Programs

Summer Solstice

2023 / June 15—21
ram das puri,
new mexico

*kundalini yoga, sacred chant,
rejuvenation, transformation,
community, & joy*

3HO International Summer Solstice

JUNE 15 - 21 2023
Ram Das Puri in New Mexico

3HO International's Summer Solstice is a 5-day spiritual gathering in the high desert mountains of New Mexico. It is a rare opportunity to cleanse the mind, go beyond ego and feel your spirit soar.

The Summer Solstice festival includes Kundalini Yoga and Meditation workshops, two days of deep meditation through The 21 Stages of Meditation, morning Sadhana, kirtan and music concerts, time to connect and serve each other and the uplifting energy of conscious community.

Click here to read more and register:
<https://tickets.brightstarevents.com/event/3ho-summer-solstice-new-mexico-2023>

Sikh Dharma 101 Online Course

MAY - DEC 2023

This is an introductory level overview of the Sikh Dharma path for those seeking a deeper understanding of the question "What is a Sikh?" When you sign up for this "self-study" course, you will receive a weekly email with a lesson about a different aspect of the Sikh way of life.

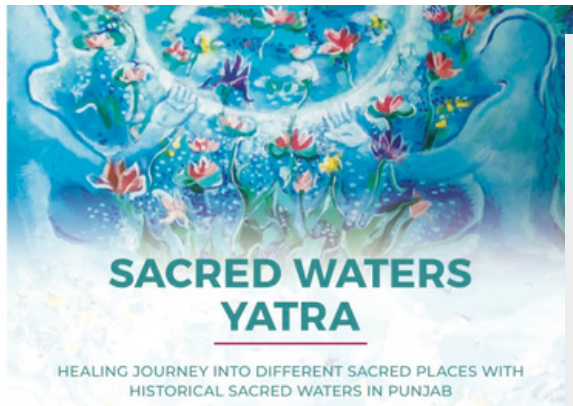
This is a great course of study for Sikh Dharma beginners - yoga students, interfaith groups, family members and others, who are interested in exploring the path of Sikh Dharma and want to learn more about Sikhs and the Sikh way of life.

Read more and register [HERE](#)

Sikh Dharma 101



Discovering the Basics of
the Sikh Teachings



9th Nov 2023- 19th Nov 2023

Amritsar, Goindwal, Tarn Taran, Sultanpur Lodhi,
Anandpur Sahib, Rawlsar, Mani Karan

Sacred Waters Yatra

NOVEMBER 9 - 19, 2023

Hosted by MPA Teachers: Mata Mandir Singh & Sukhdev Kaur

Embark on a journey with Mata Mandir Singh and Sukhdev Kaur in our Sacred Waters Yatra, a pilgrimage to the sacred sites of Amritsar, Goindwal, Tarn Taran, Sultanpur Lodhi, Anandpur Sahib, Rawlsar, and Mani Karan. Immerse yourself in the spiritual vibrations of these revered destinations as you delve into the transformative practice of Naad Yoga. Discover the profound teachings of the Narayan Shabd and other mantras, unlocking the power of sound and its ability to elevate your consciousness.

<https://miripiriacademy.org/>

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A n n o u n c e m e n t s

Election Update

We are again sharing an important communication regarding the election process. Since our last communication, the company we hired to review the election process steps and certify the election, Armanino, has conducted an exhaustive manual review of new voter applications. The process Armanino followed and the results they achieved are included in their following report:

[Click here to read the 2023 June Update](#)

Calendar and Submission links

See the Kundalini Yoga & Sikh Dharma community calendar here:

<https://ssscorp.org/private-page/>

Password: password123

Submit your organization's events, programs and announcements:

<https://www.surveymonkey.com/r/J57NNPN>